



# St Mary's Rydalmere Newsletter

Term 3 Week 8

Wednesday 4th September 2013

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## PRINCIPAL'S MESSAGE...

Dear Parents,

In this Sunday's Gospel, St Luke writes about how we can become disciples of Christ. The scripture text this week challenges us all to pick up our cross and follow our Lord. Fr Kevin O'Shea, CSSR, challenges us to reflect on *the cross being our ability to let go of our own life, as our own possession, and realize that all life, everywhere, in everyone is a gift from God*. From our baptism, through our faith, we are encouraged to lead a Christ-centred life as we journey as Christians experiencing the highs and lows of each day. Luke is highlighting for us the need to focus less on our material possessions and more on our ability to love and serve others as Christ did.

Last Tuesday evening and all day Wednesday, the staff gathered at Winbourne Retreat Centre Mulgoa to reflect upon the Gospels of St Luke. Our school formation goal this year is to focus on the Gospels of St Luke and how they apply in our Christian lives. Wednesday provided an opportunity for staff to gain a greater insight into Luke's gospels, reflect and learn how to utilize them in class with their students in enhancing the faith of our children. Thanks to Mrs Carmen Cassar from the Parramatta C.E.O for facilitating the day and to Miss Boidin for coordinating this initiative over several months.

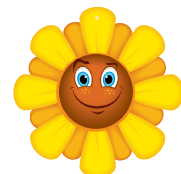
A few weeks ago I attended the Diocesan Principal Master Class. This two-day conference gathered all Diocesan primary and secondary principals together to listen to several school leaders from overseas and Australia. They shared their educational wisdom, their school's story and where they believe we heading in Education in the twenty first century. Learning today is about working in collaboration with others, utilizing the skills and knowledge of our learning community. This will involve students and teachers using technology and an inquiry approach to teaching and learning through discussion, problem solving and reflection.

The majority of our students have returned to school this week in their summer uniforms. Please ensure all children are in full summer school uniform by the beginning of next term.

A new sports polo shirt will be available from Lowes from mid September. The new polo is predominantly navy blue with yellow trim and our school logo. All new Kindergarten children for 2014 are required to purchase the shirt for the start of next year. There will be a 12-month change over period with the new shirt being a mandatory part of our sports school uniform from the beginning of 2015.

Enjoy the week!

Tony Hughes  
PRINCIPAL



## DIARY DATES

### Term 3

Wednesday 4th Sept	Chamber Music Night 6:30pm
Wednesday 4th Sept	Fete Meeting 7:00pm
Thursday 12th Sept	School Feast Day Mass 9:15am
Monday 16th Sept	Kindergarten Assembly 2:15pm
Tuesday 17th Sept	Peer Support Celebration 11:15am
Wednesday 18th Sept	Fete Meeting 7:00pm
Friday 20th Sept	Term 3 Concludes

### Term 4

Monday 7th October	Labour Day Holiday PUBLIC HOLIDAY
Tuesday 8th October	Term 4 Commences
Tuesday 8th October	Parent Information Night Reconciliation TBC
Monday 14th October	K2014 Parent Meeting 7:30pm
Tuesday 15th October	Kinder 2014 Transition 1 9:00–10:30am

**DIOCESAN ATHLETICS CARNIVAL**

We would like to congratulate Samuel Schembri-Green, Madison Sloane and Rebekah Meafou on making it through to the MacKillop Athletics Carnival at Homebush on September 17. We wish them all the very best of luck.

**CRAFT STALL**

We would like to thank everyone that has kindly donated items over the past 9 months.

The items that we still require are:

- Large and medium brown paper bags
- Sea Salt
- Citric Acid
- Epsom Salts
- Bicarbonate of Soda
- Lavender Oil
- Almond Oil
- Rose Oil
- Dried Lavender



Donations can be left in the school office or please contact Fiona Hegarty on 0427 444 140 to arrange collection.

**WORLDWIDE MARRIAGE ENCOUNTER**

A relationship enrichment weekend for married couples is being held on:

Date: November 8-10, 2013

Where: Mt Carmel Retreat Centre, Varroville

Bookings: Ardell & Bill Sharpe tel. 02 4283 3435 or [wsharpe@bigpond.net.au](mailto:wsharpe@bigpond.net.au)

Information: website [www.wwme.org.au](http://www.wwme.org.au)

**LIBRARY HELP NEEDED!**

Lots of new books for the children have arrived and now need covering before they can go on the shelves.

If you are experienced at using contact to cover books and would like to take some home, please come and see me before or after school Monday to Wednesday.

If you need a lesson or would like to cover in the library with some friends, you are most welcome to come along on Monday mornings. Contact and coffee supplied!



Mrs Radocchia—Librarian

**BIRTHDAY CELEBRATIONS**



September 5	Holly McNamara Olivia Kim
September 10	Rochelle de la Roche
September 11	Marcus Spinetti Holly Lowery Timothy Greig Jasmine Yara
September 12	Annika Byrne
September 15	Anthony Bayeh Lara Mastronardo
September 17	Will Squire Andrew Park

We would like to wish all of these children a very happy birthday!!

**PRINCIPAL AWARDS**  
**TERM 3—Week 8**



<b>KK</b>	Ana Ogrizek and Casey Kaseke
<b>KL</b>	Stefanie Gabriel and Brock Mangan
<b>1A</b>	Beau Myhill and Catherine Lim
<b>1C</b>	Sienna Percovich and Max Cimillo
<b>2C</b>	Annika Byrne and Georgie Paspalas
<b>2Q/D</b>	Jonah Watson and Ciara Kuys
<b>3B</b>	Vincent Genner and Daniel Ryan
<b>3J</b>	Jaspren Arathoon and Zane Watson
<b>4E</b>	Teagyn Ward and Rosemary Javian
<b>4O</b>	Isabelle Joseph and Stephanie Brooks
<b>5G</b>	Jade Brandis and Ula Venckus
<b>5J</b>	Holly McNamara and Bailey Nann
<b>6B</b>	Isabella Waterhouse and Emma Gallagher
<b>6L</b>	Joshua Lovisa and Matthew Worsley

**CARE AWARDS**  
**TERM 3—Week 8**



<b>KK</b>	Jorja Munoz-Cruz and Kingston Luburic
<b>KL</b>	Daniel Bietola and Lina Yoo
<b>1A</b>	Cooper Frain and Larissa Laguzza
<b>1C</b>	Sanjana Norris and Lukas Luburic
<b>2C</b>	Arman Gharemaranian & Andre Ibanez-Yousefi
<b>2Q/D</b>	Eve Kannemeyer and Ethan Rauniyar
<b>3B</b>	Kathleen Swadling and Jaanvi Kanwar
<b>3J</b>	Ashlee Liwanag and Lara Waterhouse
<b>4E</b>	Alex Johnson and Ashleigh Stevens
<b>4O</b>	Olivia Marshall and Katrina Rigby
<b>5G</b>	Lana Bannister and Seth Rauniyar
<b>5J</b>	Sophie Vaughan and Carlos di Piazza
<b>6B</b>	Elie Saba, Billy El Bayeh and CJ Flore
<b>6L</b>	Anthony Bayer and Georgia Hogan

## FAITH JOURNEY...

### SCHOOL FEAST DAY

A note went home on Monday outlining our School Feast Day, which will be held next Thursday 12<sup>th</sup> September. Celebrations for the whole family will include Mass at 9:15am and then a sausage sizzle lunch at 12:30pm followed by an afternoon of fun and sports at Rydalmere Park. We look forward to seeing you all there. **Please return the sausage sizzle note by Friday 6<sup>th</sup> so that catering can be organized.**

### ST PATRICK'S PARRAMATTA FOOD FAIR

The Cathedral's Annual Food Fair will be held on Saturday 7th September from 10am to 3pm. Choose from a wide variety of international food, including Lebanese, Chinese, Filipino, Indian, Italian, and South American. There will be cakes, freshly brewed coffee from the Cafe and a good ol' Aussie BBQ with sizzling sausages and kebabs. Grab a meal and enjoy a variety of cultural entertainment. A recital by the Cathedral's talented organist will bring the day to a close at 3pm. Bring your family and friends and have a great day out supporting St Patrick's Cathedral, 1 Marist Place, Parramatta.

### ORDINATION TO THE PRIESTHOOD OF JOHN PAUL ESCARLAN: 13 SEPTEMBER

Bishop Anthony Fisher OP will ordain John Paul Escarlan a priest for the Diocese of Parramatta at 7.30pm in St Patrick's Cathedral. Everyone is welcome – plenty of parking. For catering purposes, **please RSVP by 7 September**: tel (02) 9654 2260, [johnpaul.escarlan@yahoo.com.au](mailto:johnpaul.escarlan@yahoo.com.au)

Rebecca Boidin  
RELIGIOUS EDUCATION COORDINATOR



## SPORTING NEWS...

One of our Year 6 students, Georgia Owtrim, was selected for the NSW Catholic Schools MacKillop softball team and played in the NSW PSSA Championships on 27–29 August. The overall tournament was won by Sydney South West but the MacKillop team played very well and won their pool with 6 wins, 1 draw and only 1 loss. 2 girls from the MacKillop team were selected to play in the National Championships later in the year. We would like to congratulate Georgia on this wonderful achievement!





## ~~ YEAR 6 CAKE STALL ~~

Don't forget the Year 6 Graduation "CAKE STALL" will be held on Tuesday 10th September.

There will be cupcakes, biscuits, slices and much more available for you to buy on the day.

So make sure you bring in your money and enjoy a special treat!!



All donations are welcome.



Nutrition Snippet

## The simplest way

... to add healthy snacks to lunch boxes

Snacks are an important part of a healthy diet for active children. Kids have little tummies + they need small amounts of food often. Try these simple + healthy snack ideas in your child's lunch box:

- Poppletana: Plain air-popped popcorn (without salt or butter) mixed with sultanas + dried apple;
- Dried fruit snack packs: buy them ready made, or make your own at home in reusable containers;
- Fruit salads: buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit + make your own!;
- Crackers + veg: Slice up some avocado or tomato + send with some rice crackers;
- Frozen fruit bags: freeze grapes, orange quarters or strawberries + then send to school!

Remember: kids love small portions, so cutting up fruit + veg will help make sure they don't bring it home at the end of the day!

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.



Health  
Nepean Blue Mountains  
Local Health District

