



# St Mary's Rydalmere Newsletter

Term 4 Week 6

Wednesday 13th November 2013

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## PRINCIPAL'S MESSAGE...

Dear Parents,

As the Church's liturgical year draws to a close, St Luke's Gospel this Sunday is focused upon the disciples lives, post the death and resurrection of our Lord. This piece of scripture deals with what might be called the 'passion of the disciples', the trials and temptations that awaited them following the conclusion of Christ's ministry on Earth. They would be persecuted, hauled before law-courts, and – most poignantly – suffer inner-community and inner-family division and betrayal. The discussion between our Lord and his Disciples in this Sunday's Gospel addresses this situation, with Jesus accurately foreseeing the difficulties his Apostles would face as they begin to spread God's word in their ministry.

The re-marking of the Hotel car park in Pine St scheduled for last Thursday was unfortunately postponed at the last minute. The hotel's manager has informed me that as soon as the re-marking has been rescheduled and a new date is set, they will let us know.

Sadly, Mrs Greenaway has informed me that she will be leaving St Mary's at the end of the year. We thank her for her commitment and her contributions to the community during her years of service. Also, we wish Mrs Burton and Mrs Jarrett all the very best in their new endeavours as they too will be leaving St Mary's at the end of the year. We will have an opportunity in the coming weeks to farewell these ladies.

If your child is not returning to St Mary's in 2014 could you please inform their teacher or myself in the next fortnight? This will allow us to organize class groupings for next year. Your prompt assistance in this matter will be greatly appreciated.

It is important as we approach the end of the term that children are regularly attending school. At present students are completing assessments that will assist teachers in writing their second semester reports. It is important that children are at school and not absent unless they are sick. Your assistance in this matter will be greatly appreciated.

Our Swimming Program will be conducted during Weeks 9 and 10 of this term. In recent weeks, you would have received details of the program and the costs for this year. It would be appreciated if all payments could be finalized by Monday 25<sup>th</sup> November. If you are experiencing financial hardship at the moment and are struggling to make the payments please contact Kate or myself so we can discuss payment options confidentially.

Have a great week!!

Tony Hughes  
PRINCIPAL



## DIARY DATES

### TERM 4 2013

**Thursday**      **Drama Incursion**  
**21st Nov**      **Toolbox—K-2**

**Friday**        **Drama Incursion**  
**22nd Nov**      **Jollypops—Yrs 3-6**

**Monday**       **Year 3 Assembly**  
**2nd Dec**       **2:15pm**

**Thurs/Fri**      **Swimming Program**  
**5-13th Dec**

**Mon/Tues**     **Kinder 2014**  
**9-10th Dec**   **MAI Testing**

**Thursday**     **Christmas Concert**  
**12th Dec**     **7:00pm**

**Monday**       **End of Year Awards**  
**16th Dec**     **Ceremony 9:00am**

**Monday**       **New Children Orientation**  
**16th Dec**     **Afternoon 2:00pm**

**Monday**       **Year 6 Graduation Mass**  
**16th Dec**     **7:00pm**

**Tuesday**      **Swimming Carnival**  
**17th Dec**      **Years 2-6**

**Tuesday**      **Education Sports Carnival**  
**17th Dec**      **K-1**

**Wednesday**   **End of Year Mass**  
**18th Dec**      **9:15am**

**Wednesday**   **Thank You Morning Tea for**  
**18th Dec**      **Parent Helpers 10:15am**

**Wednesday**   **Last Day of Term 4**  
**18th Dec**      **for Students**

**P&F MEETING**

The next P&F Committee Meeting will be held **TONIGHT** from 7:00pm in the school library. Everyone is most welcome to come along!

**PRE-LOVED CLOTHING POOL**

The Pre-Loved Clothing Pool will NOT be open this Friday. It will reopen next Friday from 8:30–9:30am.

**MOBILE PHONES**

We currently have 3 unclaimed mobile phones in the office which have been there for quite some time. If you have handed your phone in and not collected it, can you please see the office ladies.



**LEAVING CHILDREN**

If your child/children are not returning to St Mary's in 2014, excluding Year 6 students, can you please contact the school office as soon as possible.

**SCHOOL FEES**

All school fees are **now overdue**. If you have any outstanding fees, could you please finalise payment as soon as possible. If you are having difficulty in paying the fees, please speak to Kate in the office.

**SKOOLBAG**

Just a reminder about the free “Skoolbag” app. The app is linked to our website and is full of information regarding the school. You will receive updates on information and push notifications to let you know of any important events happening within the school. Please take the time to download this free app.

**BIRTHDAY CELEBRATIONS**



- |             |  |
|-------------|--|
| November 14 | Arieta Lee<br>Luke Marnan<br>Bailey Radford                    |
| November 15 | Estella Warwick-Smith<br>Jack Callaghan                        |
| November 16 | Tara Quinn   |
| November 17 | Leila Anderson   |
| November 18 | Natalia Pan  |
| November 19 | Vazgen Simonyan  |
| November 20 | Olivia Marshall  |
| November 22 | Bethany Botto<br>Sanjana Norris<br>Jacob Zaouk<br>Brianna Ward |
| November 23 | Katrina Rigby<br>Josephine Smith                               |
| November 26 | Ryan Field<br>Carissa Gallagher                                |

*We would like to wish all of these children a very happy birthday!!*

**PRINCIPAL AWARDS**  
**TERM 4—Week 2**



- |             |  |
|-------------|--|
| <b>KK</b>   | Maddison Fairall and Samuel Peddell                        |
| <b>KL</b>   | Adam Rowlands and Zoe Anderson                             |
| <b>1A</b>   | Oscar Moy and Kelly Stevens                                |
| <b>1C</b>   | Dominiq Mourched and Mia Northwood                         |
| <b>2C</b>   | Jaime Camacho and Alannah Cantrill                         |
| <b>2Q/D</b> | Lachlan Callaghan and Eve Kennemeyer                       |
| <b>3B</b>   | Mia Boulous and Kathleen Swadling                          |
| <b>3J</b>   | Estella Warwick-Smith and Sebastian Padden                 |
| <b>4E</b>   | Kiara White and Rhys Hallit                                |
| <b>4O</b>   | Joseph Bayeh and Trieu Dinh                                |
| <b>5G</b>   | Katie Pan and Zoe Panagiotopolous                          |
| <b>5J</b>   | Jayden Camacho, Matthew Lay Joe,<br>Deanna Emerson-Vickary |
| <b>6B</b>   | Gianni Puglisi and Ben Duguid                              |
| <b>6L</b>   | Kiyah Spinetti and Hovig Melkonyants                       |

**CARE AWARDS**  
**TERM 4—Week 2**



- |             |  |
|-------------|--|
| <b>KK</b>   | Zoe Park and Eric Mastronardo            |
| <b>KL</b>   | Gianluca Alcuri and Sierra Lake          |
| <b>1A</b>   | Josephine Keyser and Raymond Ghalloub    |
| <b>1C</b>   | Sarah Nam and Philippe Jendruch          |
| <b>2C</b>   | Christian Boumalhab and Katelyn Johnson  |
| <b>2Q/D</b> | Charlotte Bowskill and Oliver Homann     |
| <b>3B</b>   | Rachael Anderson and Mark Wahbe          |
| <b>3J</b>   | Natasha Ball and Max Luburic             |
| <b>4E</b>   | Holly Lowery and Chloe Belford           |
| <b>4O</b>   | Liam Fitzgerald and Angelina Bartosiak   |
| <b>5G</b>   | Dylan Emerson-Vickary and Eliza Arathoon |
| <b>5J</b>   | Thomas Scrivener and Eve Watson          |
| <b>6B</b>   | Daniel Schokman-Love and Nikita Tuite    |
| <b>6L</b>   | Eliza Byrne and Jacob Cotsinis           |

# FAITH JOURNEY...

## **SACRAMENTAL NEWS**

Congratulations to the children who made their First Reconciliation last weekend. We keep these children and families in our prayers as they continue their faith journey through the sacraments. We thank Diane O'Shea, the Parish Sacramental co-ordinator for the work and effort she puts into the liturgies and preparation days for the children of our school and parish.

## **RELIGIOUS LITERACY ASSESSMENT**

The results for the Religious Literacy Assessment, which Year 4 and Year 6 completed last term, will be sent home within the next week.

## **NOVEMBER: THE MONTH OF THE HOLY SOULS IN PURGATORY**

The Catholic Church dedicates the month of November to the Holy Souls in Purgatory, those faithful Christians who have died and gone before us but who still must make amends for their sins. The time they spend in Purgatory cleanses them so that they may enter Heaven free from all effects of sin.

As Catholics praying for the deceased is one of the greatest acts of charity we can perform. Our prayers help them during their time in Purgatory, so that they can enter more quickly into the fullness of heaven. Please keep all of our faithfully departed brothers and sisters in your prayers.

## **PHILIPPINES TYPHOON**

The Philippines were hit last Friday by a devastating Typhoon. It has been recorded as one of the world's most powerful storms. Approximately 9.5 million people have been affected in the Philippines, and authorities warn many hundreds of thousands of people could also be affected in Vietnam.

Caritas Australia is working with our partners on the ground to deliver urgent emergency aid to at least 16,000 families in the most affected areas. If you would like to donate please visit the Caritas Australia website. Alternatively, children can contribute to the donation box in their classroom or in the front office throughout the next two weeks. All proceeds will be sent directly to Caritas.

By supporting the Typhoon Haiyan Appeal, your donation will go directly towards assisting the work of Caritas on the ground, where we are providing families with critical life-saving assistance, including emergency shelter and clean water, and helping them with their sanitation, hygiene, household and recovery needs.

Please keep all the people affected by this horrific storm in your hearts and your prayers.

Rebecca Boidin  
Religious Education Coordinator

“

*I wish to express my closeness to the people of the Philippines. We pray now in silence ... for our brothers and sisters, and we will seek to also send concrete help.”*

Pope Francis

## HEALTHY EATING...



Nutrition Snippet

# The simplest way

... to increase your vegies

90% of adults in your area don't eat enough vegies. We should aim for 5 serves each and every day! Here's some easy tips to help you out...



### Eat vegetables as a snack throughout the day

- Try vegie sticks with low fat dip like guacamole or salsa, or vegie pancakes - mix creamed corn, grated zucchini or carrot into pikelet batter before cooking.

### Decrease the meat in your meals + add more vegies

- For a family of four all you need is 400g of lean meat, fish or poultry per meal. Top up with extra veg. Hint: chickpeas, lentils + beans are great fillers!

### Add vegies to all your meals

- Meals that are easy to add extra veg to are casseroles, stir-fries, pizzas, even the humble omelette!

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.



Health  
Nepean Blue Mountains  
Local Health District

