



St Mary's Rydalmere Newsletter

Term 2 Week 4

Wednesday 16th May 2012

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DIARY DATES

TERM 2 2012

Thursday 17th May	NAPLAN—Years 3 & 5
Friday 18th May	Stage 3 Touch Football Gala Day
Friday 18th May	P&F Meeting 9:00am
Wednesday 23rd May	St 3 Bathurst and Blue Mountains Camp
Thursday 24th May	St 3 Bathurst and Blue Mountains Camp
Friday 25th May	St 3 Bathurst and Blue Mountains Camp
Monday 28th May	Year 3 CSIRO Incursion
Monday 28th May	Pentecost Liturgy 2:00pm
Tuesday 29th May	Stage 3 Boys Soccer Gala Day
Friday 1st June	PJ DISCO

**P & F MEETING
FRIDAY 18TH MAY
9:00AM**

Everyone Welcome!

PRINCIPAL'S MESSAGE...

Dear Parents,

Last Sunday's Gospel from St John reminds us all of the greatest commandment of all, 'Love one another as I have loved you'. Love is a gift that we share with others and a precious gift that God unconditionally shares with us all. Jesus showed his love for us all by laying down his life for all through his death and Resurrection.

I hope all our mums enjoyed Mother's Day on Sunday with their families. Thank you to Jennene Gillies and her band of helpers who organized the Mother's Day breakfast on Friday morning and to Anne Louise Young who coordinated and organized the gift stall during the week. Finally thank you to the Year 2 children and their teachers Mrs Morgan and Mrs Kemp who organized our liturgy and to Mr Damian Butler and our school band who entertained us over breakfast.

Miss Jane Locke has accepted a permanent teaching position at St Paul's Grammar, Cranebrook. This appointment will commence at the beginning of Term 3 2012. Miss Locke will complete her duties at St Mary's at the conclusion of Term 2. For the last two years Miss Locke has been living in the Lower Blue Mountains and commuting daily along the M4 freeway. This daily grind of battling traffic for several hours has influenced her decision to change schools. The community will have an opportunity over the coming weeks to farewell Miss Locke.

The Diocese has commissioned a series of consultation meetings to be held throughout the diocese to discuss the future planning for Catholic communities in Western Sydney. Parishioners from Rydalmere and Dundas Valley are invited to attend a consultation meeting in the hall next Wednesday evening, 23rd May commencing at 7:30pm. Parishioners are invited to express opinions, ideas and strategies for the future of our local church.

I would like to remind parents to be vigilant at all times when crossing the road. Please ensure that you are holding your child's hand or that they are holding on to the pram if you are unable to hold their hand. A reminder that you are not permitted to queue in Pine Street for the 'Pick up and Kiss' each afternoon. It would also be appreciated if parents would sit on the benches provided in the afternoon parents pick up area and not on the other side of the bollards where the children assemble. Your co-operation in these matters would be greatly appreciated.

Have a great fortnight.

Tony Hughes
PRINCIPAL



KISS AND PICK UP

We are currently in need to parent helpers for 'Pick Up and Kiss' on Thursday afternoons. If you are able to help out, please contact the office or see Mrs Gosper.

LIBRARY NEWS: Covering Books

I have purchased some fantastic new books for the children. The trouble is, before I can put them out on the shelves they need to be covered. So if you are able to contact books and can spare us some time, please come and see me in the library (Mon-Wed). Your help is greatly needed and will be greatly appreciated.



Lia Radocchia
Teacher Librarian

LOST/FOUND DOGS

Two Fox Terrier dogs have been found wandering along Victoria Road. If you have lost, or know of someone that has lost these two dogs, please come and see the ladies in the school office.

BABY NEWS

We would like to congratulate the Budiono family, Abel (KL), on the birth of their baby daughter last weekend.



PROTECTIVE BEHAVIOURS

Persistence

Persistence is a crucial strategy of Protective Behaviours as children may not be listened to, believed or may still have their Early Warning Signs after they have told someone. They need to especially persist with telling if they feel unsafe or if they have their Early Warning Signs. They need to keep telling until someone listens and they feel safe again.

Public and Private

It is important that students be taught the correct names and how to use them for their private body parts. They need to be taught that private means just theirs. By teaching students public and private as a whole concept rather than just focusing on their body parts, it makes the whole subject less embarrassing.

BIRTHDAY CELEBRATIONS



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|--------|-----------------------------------|
| May 18 | Monique Moussa |
| May 20 | Jocelyn Xiao |
| May 22 | Melissa Blanchard
Emma Biviano |
| May 23 | Jaanvi Kanwar |
| May 24 | Abbey Christie
Elijah Seruvatu |
| May 26 | Mary-Ann Ezzy |
| May 27 | Lachlan Callaghan |
| May 28 | Jacob Wahbe
Max Luburic |
| May 29 | Jenna Camacho
Kim Reid |

We would like to wish all of these children a very happy birthday!!

PRINCIPAL AWARDS TERM 2—Week 4



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|-------------|---------------------------------------|
| KD | Josephine Keyser and Domeniq Mouched |
| KL | Tara Newby and Christopher Moon |
| 1C | Ciara Kuys and Lachlan Callaghan |
| 1M | Bianca Bietola and Michael Lowery |
| 2K | Tara Nann and Tinashe Musukutwa |
| 2M | Celine Boustani and Natasha Ball |
| 3L | Thomas McGlashan and Leila Vertley |
| 3Q/D | Christopher El Bayeh and Holly Lowery |
| 4A | Isabella Fairall and Arieta Lee |
| 4E | Carlos Di Piazza and Justine Kim |
| 5J | Cameron Foster and Tia Feher-Kaloudis |
| 5M | Ben Duguid and Anthony Bayeh |
| 6M | Vishnu Birudavolu and Mary Ann Ezzy |
| 6R | Makayla White and Jonathan Lee |

CARE AWARDS TERM 2—Week 4



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|-------------|--|
| KD | Zechariah Acosta and Sarah Nam |
| KL | Cooper Twyford and Bonnie Finch |
| 1C | Benjamin Fairall and Jasmine Yara |
| 1M | Andre Ibanez-Yousefi and Lillyan Ward |
| 2K | Elijah Seruvatu and Rochelle de la Roche |
| 2M | Mark Wahbe and Jack Gittany |
| 3L | Katie Smillie and Katrina Rigby |
| 3Q/D | Liam Watson and Kiara White |
| 4A | Matthew He and Holly McNamara |
| 4E | Jayden Camacho and Thalia Lake |
| 5J | YeSung Cho and Georgia Hogan |
| 5M | Mark Blanchard and Matthew Worsley |
| 6M | Jan Tecala and Mitchell Moses |
| 6R | Chris Swadling and Marion Brandis |

FAITH JOURNEY...

SCHOOL FORMATION GOAL

To develop the school community's knowledge of scripture, to enhance prayer life through the practice of Christian Meditation and, to evangelise through outreach activities.



PRAYING WITH SCRIPTURE

Prayer is the opportunity we have to pursue and develop our relationship with God.

At times we need to purposefully place ourselves in God's presence. The Bible is the best place we have to meet God, as it is filled with many stories that express God's desires for us.

Scripture allows us to develop our relationship with God. We cannot have a meaningful relationship with others if we do not know them well. The scripture stories allow us to do this with God. Our school goal is to enhance prayer life and to evangelise, (to be a disciple of Jesus), through outreach activities through a better understanding of the scriptures. It is through the use of scripture that we are able to develop a better understanding of who Jesus is, what he cares about and what he wants for us. The use of scripture allows us to develop our own spirituality and personal relationship with God.

When praying with scripture we need to find meaning in the text and draw a connection with our own life.

The aim is to live the story in our own lives. We will only truly understand the meaning of being a disciple of Jesus from inside the stories of Jesus and his disciples. The scripture is an invitation to us to participate in a living relationship with God.

The purpose of praying with scriptures is not to get to know the text better but to know our God better, to develop our own awareness and our relationship with God. It is to keep God alive in our words and actions.

The children and staff have been using Christian Meditation as a form of prayer over the past 18 months. This year we are endeavouring to develop this prayer experience through greater reflection of the scriptures used during Christian Meditation.

An opportunity for parents to experience prayer in the form of Christian Meditation will occur on Wednesday 6th June at 2:30pm in the Year 6 space. To participate fully we do recommend that adults only attend this session. We are hoping that these prayer sessions will be made available more frequently for parents.

NEW ALTAR SERVERS

If your child has received First Holy Communion and is interested in becoming an Altar Server please contact Sr. Christine – 9858.5569. Your child has to be willing to go through at least 6 training sessions and has to be committed to his/her ministry. For the parents – your child needs your full support. So, please consider carefully if you can commit yourself to regular attendance of our weekend Masses.

CONFIRMATION

Congratulations to Daniel Schokman-Love who made his confirmation on Friday 11th May. The mass was a beautiful celebration, and was celebrated by Bishop Anthony Fisher. Our prayers are with all of the children who confirmed their faith on Friday. May they be strengthened by the gifts of the Holy Spirit and continue to live out Jesus' message and show his love to all, as they continue to develop their faith development.

Rebecca Boidin
Religious Education Coordinator

ASTHMA AWARENESS...

Asthma Australia commissioned a survey of parents and carers of children with Asthma to gather information relating to key messages that they felt were important to share to help others to work effectively in partnership with school staff to achieve the best outcomes for students in their care.

The goal was to find out:

- What are the important messages?
- How these messages could be conveyed.

Key messages from the surveys included,

- Parents should talk with the class/home group teacher about their child's condition and what is normal for them;
- Provide the school with an Asthma Plan;
- Update staff at key times, eg: start of each year; whenever there is a change in their child's asthma and/or treatment; if they are attending a camp.



10 Things to Tell/Ask your Doctor

Parents should tell their doctor as much as they can about their child's asthma in order to discuss and agree on the best and most appropriate treatment. Here's a handy guide for parents to help discuss their child's asthma with their GP.

Ten things to ask your doctor

1. What is the overall severity of my child's asthma?
2. How do I recognise a severe asthma attack and what do I do if this happens?
3. What medications does my child need to take for asthma?
4. What is the difference between reliever, preventer, symptom controller or combination medications used to treat asthma?
5. How should I give the medication to my child? Do I need to use a spacer device?
6. How do I use the inhaler? Can you check that the technique is correct?
7. Can I have a written Asthma Action Plan that tells me what medications to take regularly and how to recognise if my child's asthma is getting worse, what to do if this happens and how to get help quickly? Can you go through it with me so I understand it?
8. What things might trigger my child's asthma?
9. If exercise is a trigger, how can I prevent and manage exercise-induced asthma, so that I can keep my child as active as possible?
10. When do I need to come back to have my child's asthma reviewed?

Ten things to tell your doctor

1. How often your child has symptoms of asthma.
2. Any changes to your child's asthma that have happened since the last visit. If you think the preventer is/is not working, tell your doctor.
3. What things trigger asthma symptoms in your child, and if your child has asthma symptoms when exercising or doing activity.
4. If your child has days off school or your child is limited in the activity they can do because of asthma.
5. How often your child needs to use reliever asthma medication.
6. If you have trouble remembering to give your child's preventer medication regularly.
7. If you have difficulty giving the medication to your child (ie: using the device that has been prescribed).
8. If your child is using any other medications or treatments, including complementary (non-medical) treatments.
9. If your child uses a peak flow meter and you have a record of readings, or if you keep a diary of asthma symptoms—show this to the doctor.
10. If you are worried about your child's asthma.

Find a doctor you are comfortable with and trust. It is important that you find a doctor who can help you by explaining how you should manage your child's asthma and who can answer your questions. If you are not happy with your doctor, ask friends if they have someone they could recommend.