



10 February 2017

St Marys Running Group

Running Group is restarting Friday Week 4. Students who were previously in Running Group may rejoin by handing in a new permission slip. Running Group is open to all students in years 3-6 wishing to improve their fitness and cardio endurance. Parents are also welcome to attend. **If it has been raining on Thursday or is raining on the Friday morning running group will be automatically cancelled.** If parents could supply their email address for group emails in the need to cancel running group or make an announcement that would be appreciated.

Please meet Mrs Kemp and Miss Gonnet at the Marist site at 8.00am on Friday, please do not leave your child unattended if teachers are not present.

Happy fitness!

Mrs Kemp and Miss Gonnet

I give permission for my child/ren to participate in running group every Friday morning 8.00 am to 8.30am. Running group will be conducted at the Marist site or Rydalmere Park. Students from years 3-6 only.

Student's Name _____

Student's Name _____

Student's Name _____

Parent/Guardian Name _____

Signed _____

Contact Ph. _____

Email _____