



# St Mary's Rydalmere Newsletter

Term 3 Week 6

Wednesday 20th August 2014

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## PRINCIPAL'S MESSAGE...

Dear Parents

St Matthew's Gospel this Sunday highlights a statement and question posed by Jesus whilst in conversation with his Apostles. Initially Jesus questioned his disciples: "Who do people say the Son of Man is?" In response the Disciples quote a series of names ultimately conceding that the Son of Man is a prophet. On questioning Simon Peter, Our Lord asks him "Who do you say I am?" His response is filled with the joy of his own faith in that he refers to Jesus as the "Christ, the Son of the Living God" Jesus affirms Simon Peter's faith by commissioning him saying; " You are Peter and on this this rock I will build my Church" These writing's of St Matthew remind us of Peter's faith, his courage and his foundational role in the Church. We too, as Disciples of Christ, are commissioned through Simon Peter's example to be courageous in professing our faith in the one Lord as we proclaim the word of God as members of the church that was founded on the faith and courage of Simon Peter.

Please remember to pray for the children in our parish community who are currently making their First Holy Communion. This is a special time in the lives of these children and their families as they receive Christ for the first time through the Holy Eucharist. Also please keep the family of Mrs Morgan and Miss O'Brien in your prayers on the passing of their mother and grandmother last week.

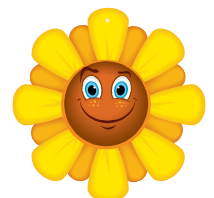
Congratulations to Mrs Amanda Gierek who has been appointed as acting Religious Education Coordinator for the final four weeks of this term. Mrs Gierek will take over the role whilst Miss Boidin is away on long service leave.

Congratulations to our three Year 6 students: Ula Venckus, Zoe Panagiotopoulos and Eve Watson who represented St Mary's at the Voice of Youth Cluster final on Monday. The girls did us proud in this regional public speaking competition, giving a great account of themselves. We are very proud of their efforts.

Last night our P&F Association held their AGM. On the agenda was the election of the new P&F Executive and Committee for the next twelve months. We thank our newly elected committee for taking on these integral roles within our community and I will endeavor to support them in the work they will do for all those associated with the school and parish. I also would like to convey our thanks and gratitude for the outgoing committee members who have worked tirelessly over the last twelve months in their various roles. At the meeting a committee was also elected to co-ordinate the 2015 Parish/School Fete which will be held in Term 4 2015. Finally the school fundraising policy was review and adopted for the next two years.

Have a great week!

Tony Hughes  
PRINCIPAL



## DIARY DATES

### TERM 3

<b>Thursday 21st August</b>	<b>Kindergarten Excursion Sydney Aquarium</b>
<b>Friday 22nd August</b>	<b>Diocesan Athletics Carnival</b>
<b>Sunday 24th August</b>	<b>First Holy Communion 9:30am</b>
<b>Monday 25th August</b>	<b>Book Parade 9:00am Storytelling Session 2:00pm</b>
<b>Tuesday 26th August</b>	<b>Netball Gala Day</b>
<b>Wednesday 27th August</b>	<b>Year 6 Cake Stall</b>
<b>Thursday 28th August</b>	<b>Author Visit 9:00-10:15am Monty Pryor</b>
<b>Monday 1st Sept</b>	<b>Father's Day Stall Gift Wrapping 7:00pm</b>
<b>Tuesday 2nd Sept</b>	<b>Father's Day Stall 9:00-10:50am</b>
<b>Friday 5th Sept</b>	<b>Father's Day Breakfast 8:00am</b>
<b>Friday 5th Sept</b>	<b>Father's Day Liturgy 9:15am</b>
<b>Friday 5th Sept</b>	<b>Stage 2 Touch Football Gala Day</b>
<b>Friday 12th Sept</b>	<b>OZ Opera Incursion "Barber of Saville"</b>

**UNSW INTERNATIONAL COMPETITIONS**

Congratulations to the 31 students who participated in the Science Competition. We were awarded 5 Distinction, 8 Credit, 1 Merit and 17 Participation certificates.

Congratulations to the 23 students who participated in the Writing competition. We were awarded 2 High Distinction, 4 Distinction, 3 Credit, 2 Merit and 12 Participation Certificates.

**DISCOVER OLMC PARRAMATTA**

**“Celebrating 125 years in 2014”**

Discover why a Mercy Education is treasured for life by joining an Open Morning Tour on September 1. Tour the College and enjoy a ‘comfortable cup of tea’ with the College Leadership Team.

The College is now enrolling for 2015 and 2016. Visit [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) or phone 8838 1263 to reserve your place or obtain further information.

**DIOCESAN ATHLETICS CARNIVAL**

Best wishes to the children attending the Diocesan Athletics carnival this Friday. We look forward to many “personal bests” being achieved by these athletes of the future. Thank you to Miss Lopresti for her organization with the athletics program this term.

**PRINCIPAL AWARDS**  
**TERM 3—Week 5**



- KK** Maiya Hughes & Joseph Nam
- KL** Dominic James & Monique Gallagher
- 1A** Sophia Parsons & Gianluca Alcuri
- 1C** Samuel Peddell & Indianna Liu
- 2B** Catherine Lim & Luke Noy
- 2Q** Brendan Ipwanshek & Sienna Percovich
- 3B** Jeevan Samuel & Natalia Pan
- 3T** Nicole Pitchfork & Vasgen Simonyan
- 4E** Ashlee Liwanag & Natasha Ball
- 4O** Lara Waterhouse & Ryan Field
- 5G** Teagyn Ward Christopher El Bayeh
- 5J** Xavier Homann & Andrew Park
- 6C** Matthew Lay Joe & Seraiah Hathurusinghe
- 6L** Ula Venckus & Carlos Di Piazza

**BIRTHDAY**  
**CELEBRATIONS**



- August 20 Kayla Ghalloub
- August 21 Alexandria Padden  
Sanderson Keyser
- August 22 Yanisha Rodrigo
- August 26 Thomas McGlashan  
Kayla Anisse  
Sarah Iacono
- August 31 Myles Panagiotopoulos  
Christopher Padden  
Benjamin Tejo-Natoli  
Cruz Godinez
- September 1 Sebastian Padden  
Kelly Stevens
- September 2 Lana Bannister  
Abbey Owttrim

*We would like to wish all of these children a very happy birthday!!*

**YEAR 6 GRADUATION**  
**~ CAKE STALL ~**



**Wednesday 27th**  
**August 2014**



**CARE AWARDS**  
**TERM 3—Week 5**



- KK** Samuel Nassima & William Smith
- KL** Keira Dixon & Connor Percovich
- 1A** Maddison Fairall & Joel Oh
- 1C** Marcus Schembri-Green & Elena Sheslow
- 2B** Patrick Bayeh & Sarah Nam
- 2Q** Domeniq Mourched & Bonnie Finch
- 3B** Andre Ibanez-Yousefi & Ciara Kuys
- 3T** Kayla Anisse & Therese Davidson
- 4E** James McCaughey & Erin Suffling
- 4O** Ethan Lee & Victor Montana
- 5G** Maddison Boulous & Camille Delos Reyes
- 6C** Deanna Emerson-Vickary & Seth Rauniyar
- 6L** Holly McNamara & Alex Cimillo

## FAITH JOURNEY...

### FIRST HOLY COMMUNION

Last weekend 30 young members of our parish made their First Holy Communion. This weekend another 20 will receive this sacrament. We remember them in our prayers. It is a time to remember how important it is to join together at mass and to receive the Eucharist in our own lives.



### FATHER'S DAY LITURGY

We will celebrate Father's Day on Friday September 5th. The day will commence with our Father's Day Breakfast from 8:00am, followed by our Liturgy under the Marist Cola at 9:15am. Everyone is most welcome to come along.

### SCHOOL FEAST DAY

Mass will be celebrated at 9:15am on Friday 12<sup>th</sup> September to celebrate our school Feast Day: Holy Name of Mary.

### CABRINI NURSING HOME CHOIR VISIT

*"On Friday 15th August the Senior Choir went to visit the elderly at Cabrini Nursing Home. We visited because we wanted to make everyone there smile. We made them smile by doing what the choir does best, which is sing!!"*

*By Lara Mastronardo*

*"We visited Cabrini Nursing Home last Friday and I did one of my favourite thing to do, sing! I got to sing with my friends and I got to perform and make the elderly happy. I did it because Jesus wanted us to do for others like he did and it was nice to see a smiles on their faces.*

*By Tamara Markarian*

Rebecca Boidin

**RELIGIOUS EDUCATION COORDINATOR**

## ASTHMA FOUNDATION...

### **How do reliever puffers work?**

Reliever puffers work by relaxing the smooth muscle around the smaller tubes of the airways to open them up. These muscles tighten in response to asthma triggers and are one of the causes of asthma symptoms. Relaxing these muscles helps to reduce the symptoms of chest tightness, coughing, wheezing and breathlessness.

Common brand names for relievers are Ventolin, Asmol, Airomir, APO-Salbutamol and Bricanyl. They are easily identifiable as the containers with a blue/grey colour.

The medicine acts quickly, with the initial effect happening within one to three minutes after it has been taken and it can continue working for four to six hours.

The fact they work so quickly makes them perfect to use during an asthma flare-up or an emergency. This is why everyone with asthma should have easy access to a reliever puffer.

It is also best for people (adults and children) to use a spacer when taking their reliever puffer. Spacers help more medication get into the lungs.

*From Asthma Foundation NSW*

## SENIOR CHOIR VISIT...

### SENIOR CHOIR A BIT HIT AT CABRINI NURSING HOME

St Mary's Senior Choir performed for the residents of Cabrini Nursing Home on Friday 15<sup>th</sup> August. The students, seventeen in total, sang a range of songs including 'Do Re Mi' from the Sound of Music and 'Let It Go' from Frozen, split into two 20 minute sets with a break in between. During their break the students gave out some beautiful paper flowers to the residents of the Nursing Home. The flowers had been handmade by the St Mary's Liturgy Committee and were very well received.

After handing out the flowers and visiting with the residents, the choir returned to "the stage" to finish with some Australian songs and hymns from the recent school masses.

This year the senior choir consists mainly of "new" members so for most of them this was their first out-of-school performance and there were a few nerves beforehand. They need not have worried though because the choir was a big hit and the students did themselves and their school proud.

I have to say a few big thankyou's to Miss Boidin for helping to organise the visit; to Mr Hughes and the mums who helped drive the children; to Mrs Radocchia for coming to show her support; and to the students of St Mary's Senior Choir for doing such a great job.

If there are any students who are interested in joining the choir, they can let me know during their music class or just turn up to the next choir rehearsal.

Rehearsals are Thursday second half of lunch for Senior Choir (Years 4-6) or Friday second half of lunch for Junior Choir (Years 2-3).

Mrs Dennis  
Music Teacher

