



Term2 Week 10
Wednesday 3rd July 2019
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DIARY DATES

TERM 2 2019

Thursday **Life Education Concludes**
4th July

Thursday **3WI's continue**
4th July

Friday **Public Speaking Assembly**
5th July **9:00am**

Friday **Term 2 Concludes**
5th July

TERM 3

Monday **Term 3 Commences**
22nd July

Friday **Grandparents Day**
26th July **9:15am— Mass**
 10:00am— Open Classrooms
 10:50am— Morning Tea

Friday **NSW PSSA Cross Country**
26th July

Saturday **Eucharist Preparation**
27th July **Session in the Church**

Monday **Year 4 Excursion to the**
29th July **Maritime Museum**

Tuesday **Stage 2 Boys & Girls Soccer**
30th July **Gala Day**

Wednesday **Year 1 Excursion**
31st July **Wannabees**

Saturday **Eucharist Preparation**
3rd August **Session in the Church**

PRINCIPAL'S MESSAGE...

In the United States the school year has just ended and the summer holidays have begun. In the Washington Post (a major US newspaper) I read a column that talked about thanking teachers and I have re-written some of the messages that the author John Kelly was talking about below:

- If you can read this, thank a teacher.
- If you can add, subtract, divide and multiply, thank a teacher
- If you can communicate in words or in writing, thank a teacher

John Kelly goes on to say:

"We don't really thank teachers enough, do we? And yet I can't think of people more vital to our future. You might be sitting in the Pentagon right now, directing some aspect of the global war on terrorism. You might be in an operating room, performing liposuction. You might be dribbling a basketball in the NBA Finals. You might be doing something really, really important, but I have news for you: What you're doing isn't as important – as sacred, as noble – as teaching a child. Or as hard. I know you have had some good teachers. If you're lucky, you've had one or two great ones, teachers who were enthusiastic about their calling, who inspired you, who made you understand."

At St Mary's we are very lucky that we have a dedicated and talented team of teachers – eager to learn, keen to teach and able to inspire. The teacher's hard work is paying off with confident children able to present to their parents their success and challenges during the Three Way Interviews. On your behalf I thank them!

Throughout the past week your children have presented their achievements and associated work to you in a professional and well-practiced manner. They could explain their thinking, strengths and challenges in learning. Indeed, they were very proud of their achievements as you must have been of them. I have received excellent feedback from parents as I have walked around the 3WI's talking to students and parents alike. There are real reasons to celebrate student's successes and clear goals for future learning.

The teachers spend an enormous amount of time and effort doing assessments and then compiling TATs Folders. The teachers hold each of your children in high esteem and every day strive to present learning at each child's ability level. In partnership with the parents the children have been led to learn in so many exciting ways so far this year.

To say thank you and recognise the efforts of each other provides encouragement to continue this hard work and recognises that they are appreciated. So again – Thank You!!

Enjoy the holidays – and don't forget to participate in the Holiday Challenge!

Peace and Best Wishes.

Richard Blissenden
Principal



2019 ATHLETICS CARNIVAL

What a wonderful day we had at our Athletics Carnival this year. The weather was perfect and the children displayed such wonderful enthusiasm and sportsmanship. A big thank you to everyone involved, from our teachers and parents to the fantastic St Patricks helpers. Below is the final point tally:

- 1st - McCaffery - 562
- 2nd - Mackinnon - 512
- 3rd - Tarrant - 451
- 4th - MacKillop - 426

A HUGE congratulations for McCaffery on a well deserved win!! Age Champions will be announced in Term 3.

CONTACTING PARENTS DURING SCHOOL HOURS

Do we have your most up to date contact information including the phone number of someone who is able to answer the phone during school hours? In the event of illness etc, it is vitally important that we are able to quickly make contact with a parent or caregiver. If you cannot be contacted via phone during school hours, please ensure we have the phone number of an emergency contact who can be available. It is also recommended that parents enter the school phone number as a contact into their phone so they are alerted when the school is calling.

IMPORTANT DATE FOR TERM 3

There will be a Staff Development Day on Monday 26th August. This will be a **PUPIL FREE DAY**. Please mark this in your diaries now...

BIRTHDAY CELEBRATIONS



- | | |
|---------|------------------------------|
| July 3 | Nathanael X |
| July 4 | Tahlia P
Sarah J |
| July 6 | Jacob C |
| July 9 | Eric M |
| July 10 | London A |
| July 16 | Nicholas K
Zain S |
| July 17 | Patrick McN |
| July 18 | Nadia LaM |
| July 19 | Nate McK |
| July 20 | Alyssa M |
| July 21 | Sebastian J |
| July 24 | Lochlainn M |
| July 26 | Alexia J |
| July 27 | Joseph N |
| July 30 | Max A
Kei Zi A
Brody N |

We would like to wish all of these children a very happy birthday!!

PRINCIPAL AWARDS
TERM 2—Week 9



- KE Olivia G & Daniel L
- KS Nathanael X & Theo M
- 1C Luca N, Gabriella L & Rayn G
- 1R Antony D & Siena C
- 2A Kristen D & Nishaan V
- 2M Ahmani Y & Brandon E
- 3G Joshua W & Sienna C
- 3M Torie S & Giulia N
- 4E Mya C & Sarah S
- 4J Irene B & Madison C
- 5L Rosalea B & Keira D
- 5V Ruby N & Monique G
- 6E London A & Keira G
- 6KB Eric M & Michela D

CARE AWARDS
TERM 2—Week 9



- KE Lennon T & Indigo G
- KS Khloe G & Serena G
- 1C Eva C & Zia K
- 1R Laura O & Jason D
- 2A Michael K & Nicholas K
- 2M Mina S & Gabriele N
- 3G Olivia A & Antonious M
- 3M Stephen A & Joshua A
- 4E Misa S & Aaron S
- 4J Jake B & William S
- 5L Sanderson K & Sami B
- 5V Isabelle C & Cooper K
- 6E Sarah J & Jacob C
- 6KB Elena S & Blake W

FROM MR BLISSENDEN...

AFTER SCHOOL PROGRAMME (ASP)

This week we sent home details of the ASP. Some reminders are listed below about this optional, extra curricular activity. We value our learning and technology is an integral part of teaching and learning programs at St Mary's Rydalmere. We have delivered and facilitated a number of programs over the years to promote and fulfil this vision. Our students will have the opportunity to expand their learning of coding and robotics commencing from Term 3 through an after-school enrichment program facilitated by the Australian Academy of Robotics And STEM Education within the school premises. To make a booking and see cost please log onto <https://www.welovestem.com.au/schools/>

PARKING AROUND THE SCHOOL

A further reminder to take care when driving in or near the school. Being considerate of our neighbours is also requested. Please **DO NOT** park behind The Family Inn (the Pub) but rather leave this for their patrons. Our thanks to all drivers who have been following the procedures for drop off and pickups – your patience and co-operation help make the process run smoothly.

WHAT DOES IT MEAN IF YOUR CHILD RECEIVES A 'C' GRADING IN KLA??

If your child receives a C grading in a KLA, such as English, it means that your child is working at grade level. Your child is completing tasks at the appropriate level for the grade that they are presently in. This is a significant shift for us all because prior to this reporting system being implemented in 2006 a C grading had a very different implication. If your child receives a **C grading, it is to be celebrated and congratulated**. Your child is working at grade level and achieving at a level that is appropriate for them. They are achieving as would be expected according to the Syllabus outcomes and Foundation Statements as set down by the New South Wales Board of Studies. This grading is a compilation of many tasks that your child has attempted throughout the first semester of this year.


Nutrition Snippet

The simplest way

...to buy produce in season.

Buying fruit and veg in season is much cheaper than other times of the year. Plus it's better quality and tastes better too!

Winter – June, July, August

FRUIT
Apple (Red Delicious, Granny Smith), Avocado, Custard Apple, Grapefruit, Kiwifruit, Lemon, Lime, Mandarin, Melon (Honeydew), Nashi, Orange (Navel), Passionfruit, Pear, Rhubarb.



VEGETABLES
Artichoke (Jerusalem), Beans (Green), Beetroot, Bok Choy (Pak Choy), Broccoli, Brussels Sprouts, Cabbage (Chinese), Capsicum, Carrot, Cauliflower, Celery, Eggplant, Leek, Lettuce, Mushroom, Onion, Parsnip, Peas (Snow, Sugar snap), Potato, Pumpkin, Silverbeet, Spinach, Swedes, Sweet Potato, Tomato, Zucchini.

For more information visit www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.


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Nutrition Snippet

The simplest way

...to make cauliflower & spinach dahl.

Ingredients

1 tbsp olive oil	¼ tsp paprika
1 tbsp mustard seeds	4 ½ cups vegetable stock
1 red onion, diced	1 cup dried red lentils
3 cloves garlic, minced	1 can chickpeas, drained & rinsed
1 tbsp fresh ginger, grated	2 cups cauliflower florets
1 tbsp curry powder	2 cups baby spinach
1 tsp turmeric	¼ cup fresh coriander
½ tsp ground coriander	Naan bread or steamed rice

Method
Heat a large saucepan over a medium heat and add the olive oil. When hot, add the mustard seeds and cook for one minute. Add the onion, garlic, ginger and sauté for 5 minutes. Add the curry powder, turmeric, ground coriander and paprika and sauté for a further minute.

Add the stock, lentils and chickpeas and stir to combine. Bring to a simmer and then cover and reduce heat to medium low. Cook for 20 minutes and then fold through the cauliflower. Cover again and cook for another 8 minutes. Add the spinach and fold through. Top with fresh coriander and serve with Naan bread or steamed rice.



Visit healthylunchbox.com.au for more healthy recipes.

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.


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PUBLIC SPEAKING REPORT...

This term every child in Year 1 to Year 6 participated in our Inaugural Public Speaking Event. Each child wrote, rehearsed and presented a speech in front of their class or grade. The best speeches from each class proceeded to the next round.

Each stage then held a competition where the finalists from each class presented their speech in front of the whole stage. Parents of the finalists were invited to this round and a winner from each stage was named.

This Friday, the last day of Term 2, the winners from each of the stage competitions will speak in front of the whole school, straight after the morning assembly at 9:00am. All parents are invited to this presentation. There is no overall winner in this round, but rather this is an opportunity for the three winners to share their speech with the school community.

We are pleased to announce that the Public Speaking Finalists were:

STAGE 1	STAGE 2	STAGE 3
<p><u>Yr 1</u> Zion K - 1R Matilda C - 1C Laura O - 1R Archer W - 1R</p>	<p><u>Yr 3</u> Antony W - 3G Antonious M - 3G Giulia N - 3M Thomas L - 3M</p>	<p><u>Yr 5</u> Alexander T - 5L Aidan M - 5V Keira D - 5L Sanderson K - 5L Ruby N - 5V</p>
<p><u>Yr 2</u> Akito D - 2M Minnie E - 2A Grace B - 2M Josephine L - 2A</p>	<p><u>Yr 4</u> Rachel G - 4E Lucinda B - 4J Sarah S - 4E Nathaniel N - 4J</p>	<p><u>Yr 6</u> Kimiko C - 6E Eric M - 6KB Nadia La M - 6KB Sierra L - 6KB Zoe A - 6KB Luke H - 6E</p>

AND THE WINNERS ARE. . . .

Stage 1 Winner: Zion K

Stage 2 Winners: Rachel G and Nathaniel N

Stage 3 Winner: Ruby N and Sierra L



Many thanks to all the classroom teachers who prepared the students, supported the writing, provided feedback to students about their speeches, and ran the program within their learning spaces. We look forward to another competition in 2020. If you would like to provide feedback about the program, you are invited to email erheinberger@parra.catholic.edu.au

Erica Rheinberger
 Leader of Literacy
Public Speaking Coordinator